





PROGRAMS OFFERED:

Preschool Classes (10 mo - 5 yrs) Instructional Classes (5 yrs - Adults)

Camps: Summer, Christmas and March Break

West

Queensway

East

Walkley Road

Innes Road ST*RR GYMN*STICS&FITNESS St. Laurent Blvd. 2766 Lancaster Road, Ottawa ON K1B 4T7 Telephone: **613-721-4868** ancaster Road

To: From: You are invited to a ST*RR GYMN*STICS&FITNESS birthday party! PARTY DETAILS: Date:

Attire: shorts/jogging pants, T-shirt and bare feet in the gym

Please RSVP at:



To:
From:
You are invited to a
ST*RR GYMN*STICS & FITNESS"
birthday party!
FLIP
PARTY DETAILS:
Date:
Time:
Please RSVP at:
Attire: shorts/jogging pants, T-shirt and bare feet in the gym